



## **Youth Basketball Rules**

### **5<sup>th</sup>-6<sup>th</sup> Grade Division**

### **Girls**

1. **Length of Game:** We will play (2) 20-minute halves with a running clock. Halftime will be 4 minutes long. The clock will only stop in the last 2 minutes of the second half. There will be no overtime in season games, ties will be ties. Overtime will only be applied during tournament games. Tournament game's overtime will be 2 minutes with a stopping clock. In overtime each team will be allowed one timeout.
2. **Time Outs:** Each team will be allowed 2 timeouts per half, lasting 30 seconds each.
3. **Playing Time:** We encourage that every player must play at least half of the game. All players should have a chance to learn and have fun, regardless of the player's experience or ability.
4. **Basketball Size:** Boys will play with a 29.5 and the girls will play with a 28.5.
5. **Defense:** Any legal defense can be used with the **exception of the full court press**. The offense will have 10 seconds to get the ball across the mid court line. If the game is within 10 points in the final 2 minutes of the second half a full court press can be applied.
6. **Offense:** Any legal offense can be used in this age division.
7. **Shooting Free Throws:** The shooter must start from behind the free throw line. If the player shoots the basketball from behind the line and happens to step across the line as the ball goes through the hoop, the point will count.

8. **Picking up the offensive player:** You may pick up the offensive player at midcourt. Remember your offense has 10 seconds to get the ball across the mid court line. Coaches, if you have the game won please call off the mid court press and let the other team have some success playing the game. Remember this is Recreation basketball.
  
9. **Flagrant Behavior:** Flagrant behavior as a coach, player or parent will NOT BE TOLERATED! Please have good sportsmanship during the game.
  
10. **Scoring:** The score will be kept in the book and on the board.
  
11. **Fouls:** If a team has committed 5 fouls per half, the other team will shoot two two fouls shots. If the game goes into overtime and one team is in the bonus, it will also apply in the extra period.
  
12. **Facilities:** Coaches, please remind your players that it is a privilege for us to be able to use these facilities. Please help clean up all trash by your bench and the bleachers. Parents, please help control your children from running around the building unattended.